

# MINISTRY OF HEALTH AND FAMILY WELFARE

(Food Safety and Standards Authority of India)  
Notification New Delhi, dated the 1st August,  
2011

## 3.1.3 Artificial Sweeteners

### 1) Use and sale of artificial Sweeteners

Artificial sweeteners mentioned in column 2 of the table below, may be used only in the food articles mentioned in column 3 and in quantities not exceeding the limits mentioned in column 4 and as per provision contained in these regulations and Appendices and shall bear the label declarations as provided in the regulation 2.4.5 (24, 25, 26, 27, 28 & 29) of Food Safety and Standards (Packaging and Labeling) Regulations, 2011.

Sl. No.	Name of Artificial Sweetener	Article of food	Maximum limit of Artificial
1	2	3	4
I.	Aspartame (methylester)	Carbonated Water	700 ppm
		Soft Drink concentrate	*700 ppm
		Biscuits, Bread, Cakes and Pasteries	2200 ppm
		Sweets (Carbohydrates based and Milk products based) : Halwa, Mysore Pak, Boondi Ladoo, Jalebi, Khoya Burfi, Peda, Gulab Jamun, Rasogolla and similar milk product based sweets sold by any name	200 ppm
		Jam, Jellies, Marmalades	1000 ppm
		Chocolate (White, Milk, Plain, Composite And Filled)	2000 ppm
		Sugar based/ Sugar free confectionery	10000 ppm
		Chewing gum/ Bubble gum	10000 ppm
		Synthetic Syrup for dispenser	3000 ppm
		Custard powder mix	1000 ppm
		Vegetarian jelly crystals	3000 ppm
		Fruit Nectar	600 ppm
		Vegetable Nectar	600 ppm
		Ice Cream, Frozen Dessert and Pudding	1000 ppm
		Flavoured Milk	600 ppm
		Ready to Serve Tea and Coffee based Beverages	600 ppm
		Yoghurt	600 ppm
		Ready to eat Cereals	1000 ppm
		Non-Carbonated water based beverages (non-alcoholic)	600 ppm